

**USAIGC OVERVIEW – to supplement our USAIGC Code of Points/Rules**

<b>9/2011</b>	<b>Copper</b>	<b>Bronze</b>	<b>Silver</b>	<b>Gold</b>
<b>SR</b>	.4each	.4 each	.4 each	.4 each
<b>VP</b>	5A &/OR I's NO B	6 A's- NO C	6A's & 1 B – NO C	4 A & 4 B- NO D
<b>SV</b>	10.0	10.00	10.00	9.90 (X.VT)
<b>BP</b>	Not Applicable	Not Applicable	Not Applicable	.10 extra C
<b>C/QM</b>	1.0/.5	1.0/.5	1.0/.5	1.0/.5
<b>VT</b>	Jump to Handspring onto mat stack Level 4 deductions	Handspring 1/4-1/2 on – repulsion off  Optional Vault Deductions	Collegiate VT Chart Group 1 with no vaults > 360 turn in post flight-NO Saltos Also Vault# 2.1 (1/4- 1/2 on – repulsion off)	Collegiate Vault Chart- All Groups @ 9.90 or less
<b>UB 45 sec fall clock</b>	1. Back Pull over 2. Cast 45 below horizontal 3. Circling Element 4. Dmt. Underswing, Sole Circle OR Cast Push Away	1. One Br Change 2. Cast min. horizontal 3. Circling Elem.-min A NO Handstand or Giants 4. DMT. Underswing, Sole Circle OR Tuck, Pike, Layout Flyaway	1. One Bar Change 2. Cast min. 30 above horizontal 3. Circling Element 4. DMT. Salto A or B	1. Min. 1 bar change 2. Circling element finishing 60 above horizontal 3. B element with flight or turn 4. DMT. Salto A-B-C
<b>BB 30 sec. fall clock</b>	1. ¾ handstand 2. Isolated Leap, min. 60 split 3. Dance Series of 2 elements 4.DMT. Round off or Cartwheel to Handstand ¼ turn (min. 1 sec. hold)  .45-1:10 sec.	1. Acro non-flight elem. that passes through vertical (F/B/S) – Not in mt/dmt 2. Isolated Leap, min. 90 split 3. Dance Series of 2 elements 1 of which is a leap/jump, with min. 90 split 4. DMT. A (any) .50-1:30 sec	1. Acro flight element 2. 360 turn on one foot 3. Dance Series of 2 or more elements 1 of which is a leap/jump with min. 120 split 4. DMT. Salto / Aerial A or B  .50-1:30 sec	1. Acro Series of 2 elements 1 w/flight 2. Min. 360 turn on 1 foot 3. Dance Series of 2 or more elements 1 of which is a leap/jump min. 135 split 4. DMT. "B" or "B" element in a series prior to an "A" DMT .50-1:30 sec
<b>FX</b>	1. Acro Series w/min. of 2 elements (CW, RO, WO, Rolls) No Handstands 2. Leap min. 90 split 3. Stretched Handstand Element (Min 1 sec.) 4. 180 or 360 turn on one foot .45-1:10 sec.	1. Acro Series w/min of two (2) fast flight elements (No Saltos) 2. Dance Series with a min. two (2) elements including a leap with a min. 120 split 3. Dance /Acro OR Acro / Dance Series (any acro) 4. 360 turn on 1 foot  50-1:30 sec	1. RO, BHS, back salto in any body position (no twists) 2. Forward Acro Pass of two (2) or more non-flight, fast flight or flight elements 3. Dance Series / Passage with a min. of 2 elements including a leap min. 135 split 4. B turn on 1 foot  50-1:30 sec	1. Double Salto series w/min 2 elements (same or different) 2. Acro Series of 3 or more fast flight elements with 1 salto 3. Dance Series/ Passage with a min. of 2 elements including a leap min. 150 split 4. Min. B turn on 1 foot  50-1:30 sec

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<b>9/2011</b>	<b>Platinum</b>	<b>Premier</b>
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<b>SR</b>	.2 each	. 2 each
<b>VP</b>	3 A, 4 B & 1 C	3 A, 3 B & 2 C
<b>SV</b>	9.70 (X.VT)	9.50 (X.VT)
<b>BP</b>	.30 CV & Extra D up to .3 / 1 E only	.50 CV & extra D / E
<b>C/QM</b>	Not Applicable	Not Applicable
<b>VT</b>	Collegiate VT. Chart ONLY 1 VT. Allowed, unless a fall, 2 <sup>nd</sup> vault counts	Collegiate VT. Chart Only 1 VT allowed, unless a fall, 2 <sup>nd</sup> Vault Counts
<b>UB</b> 45 sec fall clock	1.Min. 2 bar changes 2. 1 flight element min. B 3. 1 LA turn-excluding MT. or DMT 4. DMT. Min. B	1.Min. 2 bar changes 2. 2 flight elements. Min. 2 diff. C's or D & B 3. 1 LA turn, min. C (not dmt) 4. DMT. C Min
<b>BB</b> 30 sec. fall clock	1. Acro Series of 2 flight elements 2. Min. 360 turn on 1 foot 3. Dance or Dance/Acro sries of 2 or more elements 1 a leap/jump with 180 split 4. DMT. Min. B	1. Acro Series, min. of 2 flight elements 1 min. C 2. Min. 360 turn from Group 3. (no hand supp) 3. Dance Series: min. of 2 elements, 1 element min. C 4. Leap/jump w/180 split (may be part of dance series) 5. DMT. Min. C or B DMT conn. to C element (acro/dance)
<b>FX</b>	1.Acro Series w/2 saltos 2. 3 diff. saltos 3. Dance Passage w/a min. of 2 diff. Group 1 elements, directly or indirectly connected, (one foot take off requiring a 180 cross or split position) 4. DMT. Min. B Salto, as last Salto or in last conn. of saltos	1. Acro Series w/ (2) saltos, same or diff. OR 2 directly conn. saltos 2. Three (3) diff. saltos within the exercise 3. Dance Passage w/a min. of 2 diff. Group 1 elements, directly or indirectly conn., one which is a leap (one foot take off requiring 180 cross or split pos.) 4. Min. C Salto DMT. In last pass or isolated last pass

### USAIGC COMPOSITION – EXECUTION DEDUCTIONS

<b>Uneven Bars Composition</b> -Insuff. Dist. Value	<b>Balance Beam Composition</b> Missing Acro bwd & fwd or	<b>Floor Exercise Composition</b> Failure to perform saltos in 2 diff.	<b>Landing-Execution-General Landing</b> Slight hop, adj.ust of feet up to .10
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parts up to .10	swd ea.10	directions (bwd & fwd or swd) .10	Steps (each .10) max. .40
-Uncharacteristic element each .10	- if only indismount .05	Insufficient dist. Of value pts. up to .10	Deviation from straight dir. up to .10
-More than 1 squat on LB w/ or w/o sole circle to grasp HB (Premier Only) ea. .10	Spatially- insuff. use entire beam up .10	Space (use entire fx ) & dir. each .10	Extra arm swings up to .10
¾ fwd. Giant circle (w/or w/o grip change) ea. .10	insuff. distrib. of value parts up to .10	More than 2 dance ele. of same shape (tuck/wolf/or straddle) each .10	Very large step or jump .20
<b>Choice of elements</b>	Insufficient level changes up to .10	More than 1 lp/jp/to prone pos ea. .10	Incorrect body posture .20
-failure perform both forwd/ bkwd. circles & releases(Plat./Premier) .05	Failure to show movement/ choreography in diff. dir. (frwd/sidewd/bckwd) up to .10	Lack bal betw, acro & dance VP up to .20	Brush/touch of landing surface w/ 1 or 2 hands (no support) up to .30
-balance bet. pirouettes & flight elements (Plat./Premier) up to .10	More than 2 pivot (str. Leg ½ turns) throughout exercise .10	Acro not up to compet level to .20	Deep squat up to .30
-Lack variety :elem./cons. up to .10	More than 2 dance elements of same shape (tuck/wolf/ or straddle) ea. .10	-missing VP/SR up	Trunk movements for bal. up to .30
-Choice release elements not up to competitive level (Prem.) up to .20	More than 1 leap/jump to front support each .10	Lack of turn on 1 ft, min B .20	<b>Execution</b>
-Lack of elements that achieve (or pass thru) vertical (Gold) up to .20	More than 1 elem. before mount .20	Lack min. B salto (Gold/Pl) .30	Flexed/sickled ft. during VP ea. time .05
-more than 1 elem. before mt up to .20	Lack of dance series (min. 2 dance ele. From Gr.(1,2,3) .20	Lack min. C salto (Pr) .30	Legs; crossed .10 separated .20
-lack of 2 bar changes (Prem) up to .20	Acro elemets not up to competitive level up to .20	missing VP/SR up to .30	Insuff exactness of N,V,/ up to .20
-missing VP/SR up to .30	Lack of balance between acro & dance -missing VP/SR up to .30	<b>Execution</b>	Failure maintain stretch body pos. up to .20
<b>Execution</b>	<b>Execution</b>	Rhythm exec. dance/mixed conn ea..10	Pikes down early (UB, BB, FX) Bent arms in supp or bent legs up to .30
landing to close to bars on dismt .10	Landing too close to beam on dismt. .10	Incorrect body pos. in dance elem ea .10	Fall, or support on hands 50
swing fwd. or bwd. Under horiz. ea .10	Concentration pause (more than 2 sec.) each .10	Concentration pause -more 2 sec.ea..10	Fail land feet first saltos & dmts. No VP
touch/brush foot on appar/mat up to .10	Rhythm during exec. Of dance/mixed conn. ea. .10	Legs not parallel to fx in split or straddle pike .20	<b>General</b>
under rotation of release/flight elem. up to .10	Hesitation in jp, press, swing to HS .10	insuff. ht. of leaps/jumps/hops ea. .20	Fail present bef/after (CJ) ea time .10
precision of hdstand. pos. throughout up to .10	Incorrect body pos. dance elem each.10	Insuff. ht. acro flight & aerials ea. .20	Exceeds FX boundary (CJ) each .10
insuff. ext. glides/swing into kips up to .10	Support 1 leg against side BB .20	Insuff. split on VP elem. .20	Overtime(cj) .10
poor rhythm elements up to .10	Insuff. split when required(dance/acro ele) up to .20	Insuff. dynamics .20	Coach stands betw bars or next to BB throughoutexercise .10
hesitation in jp or swing to hs up to .10	Legs not parallel to beam in split or straddle pike up to .20	Insuff. var in rhythm/temp throughout .20	Excessive use magnesia chalk(cj) .20
insuff. Amplitude elements each .20	Insuff. Ht. of leaps/jumps/hops ea. .20	Relaxed/incorr. Footwork in non-value parts throughout 20	Incorrect attire/jewelry (after 1 warning) (cj) 20
<b>Insufficient dynamics</b>	Insuff. ht of acro flights, aerials & saltos each . 20	Insuff. ht. saltos each 30	Coach instructs gym. During routine .20
-insufficient swingful execution throughout, energy maintained throughout exercise, makes difficult look effortless hit foot on apparatus . .20 mat .30	Grasp of beam to avoid fall .30	Relaxed/incorr/insuff. leg pos/body posture & flex. in non-value pts throughout up to .30	Failure to begin exer. Within 30 sec. of cj signal .20
insuff. ht. of salto dismount up to .30	Rhythm during exec. of acro conn. each .30	Artistry/Presentation up to .30	Exceeds warmup time (afterwarning) (cj) .20
grasp on app. To avoid fall .30	Add. movemts to maintain bal up to .30	<b>originality/creativity of choreograph up to .10</b>	Incorrect apparatus specs(cj) .30
intermediate (extra) swing .30	Insuff. Ht. of salto dismt. up to .30	Quality movement reflects personal style up	Board on unpermitted surface (cj) 30
failure to remove bd./spotting block after release element (CJ) .30	Dir. Gainer dismt. Off end bb up to .30	to .10	Failure remove board after mt (cj) .30
	Insuff. sureness of performance throughout up to .20	*quality of expression up to .10	Use supplementary mats (cj) .30
	Insuff. variation in	Music & movemnt. Ot in harmony ea..05	No dismount from start value .30
		Exercise not ended w/music .10	Spotting Assistance .50
		Poor relationship of music & movement throughout max .20	Start exer. Before signal (rep.)(cj) .50
			3 <sup>rd</sup> run approach .50
			Coach n FX (cj) (USAIGC) .50
			Short exer: BB/FX-less than 30sec (cj) 2.00
			UB (less than 5 VP) 2.00

	rhythm/tempo up to .20 Relaxed/incorr. Footwork in non-value parts throughout up to .20 Relaxed/insuff. legs pos/body posture & flexibility in non- value parts throughout up to .30 Artistry/Presentation originality/creativity of choreography up to .10 Quality movement reflects personal style up to .10 Quality expression up to .10		
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